

AMMA HOME HEALTHCARE *Services*

Doctors-led, compassionate care at home



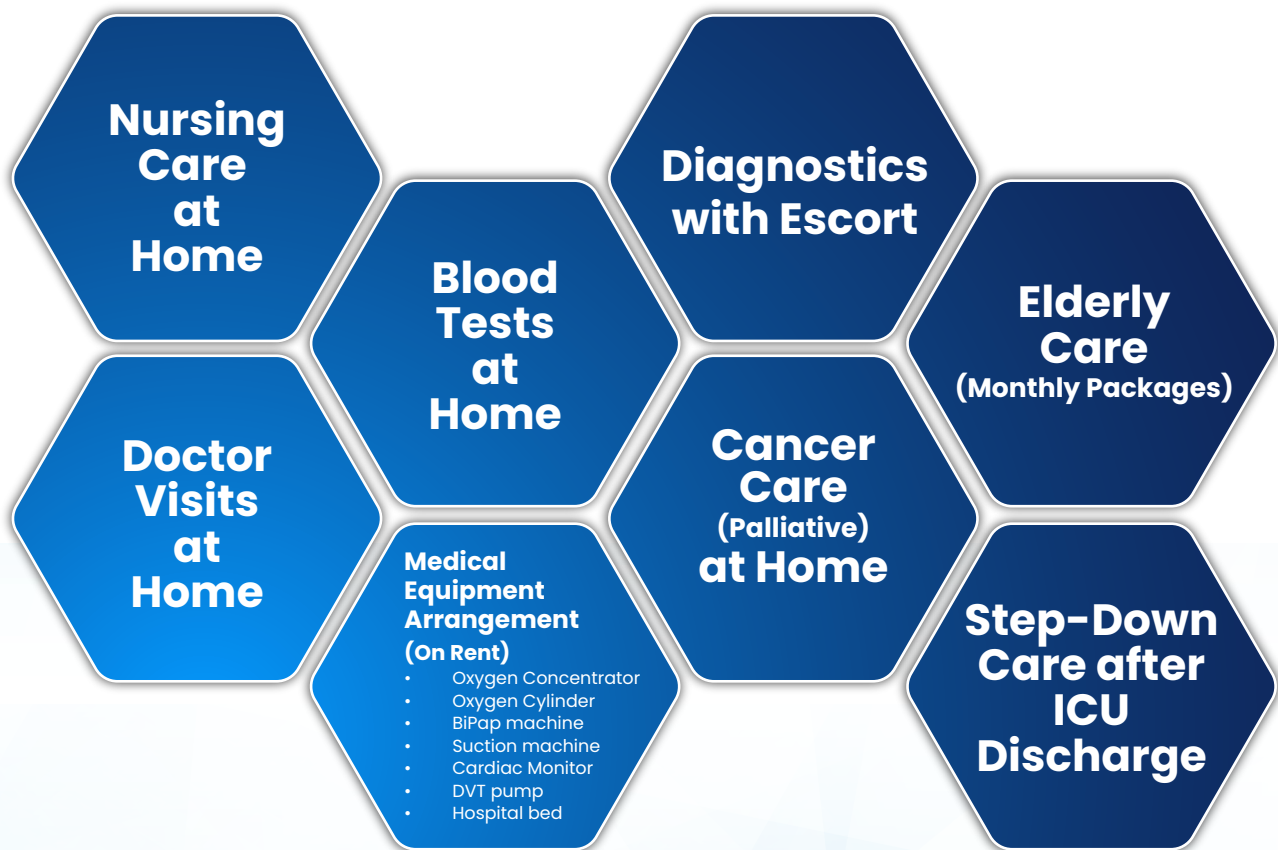
About AMMA

AMMA Home Healthcare Services was born from a deeply personal experience.

While caring for our beloved mother during her final months, we realised how difficult it is for families – even those from the medical profession—to arrange reliable, supervised, and compassionate care at home.

Inspired by her memory, AMMA was created to bridge this gap. Care Beyond Hospital Walls

OUR SERVICES



OUR SERVICES

- Home care is not a substitute for hospital or ICU care
- Any deterioration will require hospital transfer
- Family cooperation is essential for safe care

Why Choose AMMA

- Doctor-led care by an experienced oncologist & intensivist with trained Team
- Ethical and protocol-driven approach
- Continuity from hospital to home
- Clear communication with families and doctors
- Compassion without compromising clinical safety

At AMMA, we believe that home healthcare is not just about treatment—it is about trust.

Our Philosophy

“We care for patients the way a family would—with medical responsibility & human warmth.”



AMMA Home Healthcare Services

1. What is home healthcare?

Home healthcare means providing medical and nursing care at home for patients who need ongoing support after hospital discharge or during chronic or serious illness. It helps patients recover in familiar surroundings while remaining medically supervised.

2. Is AMMA a nursing agency? No.

AMMA is a doctor-led home healthcare service, supervised by an experienced intensivist. Nursing care is provided as part of a structured medical care plan, not independently.

3. Who supervises the care at home?

All care is led by Dr. Navneet Agrawal & Team Intensivist, in coordination with the patient's treating doctor whenever required.

4. Is home care the same as ICU care? No.

Home healthcare does not replace hospital ICU care. It is suitable for stable patients who need medical support, monitoring, or nursing care at home. In emergencies, hospital transfer may be required.

5. What types of patients are suitable for home healthcare?

Home healthcare may be helpful for:

- Patients recovering after ICU or prolonged hospital stay
- Elderly patients with chronic illnesses
- Patients needing skilled nursing or oxygen support
- Patients requiring comfort-focused or palliative care

Suitability is assessed case by case.

6. What services does AMMA provide?

AMMA provides:

- ICU step-down and high-dependency care at home
- Skilled nursing care
- Oxygen and respiratory support
- Elder care
- Palliative and end-of-life care
- Post-hospital recovery support

7. How are nurses selected?

Nurses are:

- Trained and experienced
- Assessed for clinical skills
- Oriented to AMMA's care protocols
- Supervised and accountable

We prioritise both competence and compassionate behaviour.

8. Will the doctor visit the patient at home?

An initial home assessment may be done when required.

Ongoing supervision is provided through regular coordination, review, and escalation planning. Home visits are decided based on clinical need.

9. What happens in case of an emergency?

In case of deterioration:

- Immediate basic care is provided
- The supervising doctor is informed
- A decision is made to manage temporarily or shift to hospital
- Ambulance transfer is arranged if needed

Families are counselled about this before starting care.

10. Can treatment be changed at home?

No major treatment changes are made independently at home.

Any significant decisions are discussed with the treating consultant or taken during hospital transfer if required.

11. Do you provide medical equipment?

AMMA coordinates with reliable equipment vendors for oxygen, beds, ventilators, or monitors. Equipment charges are separate and transparent.

12. How are charges decided?

Charges depend on:

- Level of care required
- Duration
- Skill and supervision involved

A clear estimate is shared before starting, with no hidden costs.

13. Can home healthcare reduce hospital readmissions?

Yes, in suitable patients, supervised home care can:

- Improve recovery
- Reduce complications
- Provide reassurance to families

However, outcomes vary depending on illness severity.

14. Is palliative care only for end-of-life? No.

Palliative care focuses on comfort, symptom relief, and quality of life and can be provided alongside active treatment, not only at the end of life.

15. Can families refuse hospital transfer?

Families may express preferences, but medical safety remains the priority. Delays or refusals are documented, and decisions are made transparently.

16. What are the limitations of home healthcare?

Home healthcare has limitations such as:

- No access to emergency procedures
- Limited monitoring compared to ICU
- Dependence on timely escalation

These are explained clearly before care begins.

17. How do we start services with AMMA?

You can contact us on phone or visit Office to

- Discuss the patient's condition
- Understand suitability
- Receive a care plan and estimate

Care begins only after mutual understanding and consent.

Still Have Questions?

We understand this is a difficult phase for families. Please feel free to reach out – we are here to guide, not rush decisions.

WHEN NOT TO CHOOSE HOME HEALTHCARE

Home healthcare is not right for every situation. At AMMA Home Healthcare Services, patient safety comes before convenience. There are situations where hospital care is safer, and we believe families should know this clearly. Home healthcare may NOT be suitable if:

The patient is medically unstable

- Persistent low oxygen levels
- Uncontrolled blood pressure or heart rate
- Ongoing bleeding
- Altered consciousness
- Frequent seizures

Intensive interventions are required

- Need for continuous ICU-level monitoring
- Requirement of emergency procedures
- Rapidly changing treatment plans

Delays in emergency transfer are expected

- Remote location with poor ambulance access
- Family unable to arrange urgent transfer if needed

18. What makes AMMA different?

- Doctor-led supervision
- Ethical, protocol-driven care
- Clear communication
- Respect for dignity and comfort
- Support for families during difficult times



Family expectations are unrealistic

- Expectation that home care can replace ICU
- Refusal of hospital transfer despite deterioration
- Pressure for unsafe interventions at home

Care goals are unclear

- No clarity between curative vs comfort-focused care
- Disagreement among family members

Our Promise

If we feel that home care is unsafe or inappropriate, we will say so honestly, even if it means not starting services. Choosing the right place of care is also an act of compassion.

EMERGENCY CONTACTS

Helpline : 9837091030, 9258031705

Ambulance : 9927068156

**Office: Mangal Hospital, 112/125,
MK Puram, Shastripuram Marg,
Sikandra, Agra, 282007**